



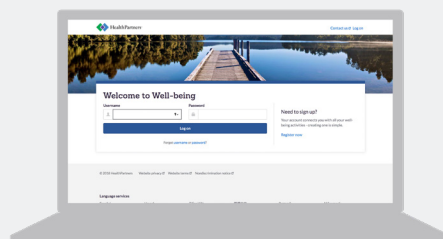
## Fitness Made Easy

Discover fitness at your fingertips with Wellbeats! Access 500+ on-demand workouts, challenges, and fit tests with a team of friendly, certified virtual instructors coaching you every step of the way. Options for all ages, abilities, and lifestyles. Log on to your HealthPartners Well-being account to get started!



1

Log on to your health and well-being account at [healthpartners.com/wellbeing](https://healthpartners.com/wellbeing)



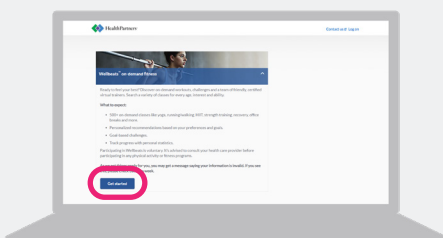
2

Complete the health assessment to unlock Wellbeats and other well-being activities



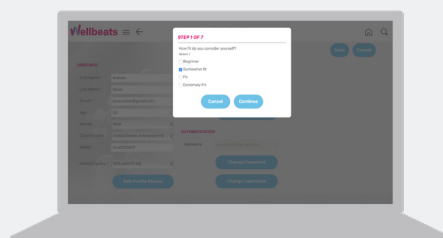
3

Locate the Wellbeats activity card and click, "Get started"  
You will automatically be redirected and signed into Wellbeats!



4

For first time users, follow the steps to complete your Wellbeats profile.



**Note:**

Next time you use Wellbeats, please follow steps 1 and 3.



## Fitness Made Easy

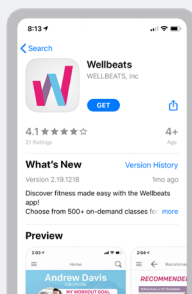
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## New to Wellbeats? Here's how to get started on a mobile device:

1

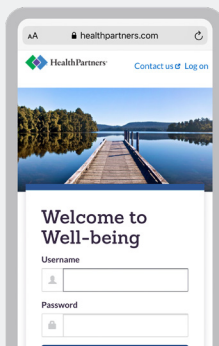
Download the Wellbeats app in the App Store or Google Play store



**Do NOT log on or create an account directly in the Wellbeats app.** Once the Wellbeats app is downloaded on your device, continue to step 2.

2

Log on to your health and well-being account at [healthpartners.com/wellbeing](https://healthpartners.com/wellbeing)



3

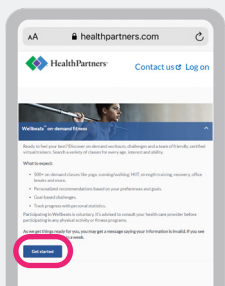
Complete the health assessment to unlock Wellbeats and other well-being activities



4

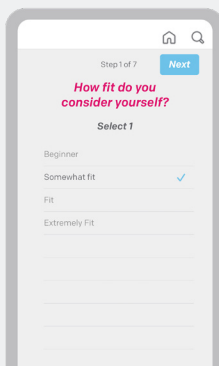
Locate the Wellbeats activity card and click, "Get started"

You may be prompted to open the Wellbeats app or be signed into the Wellbeats app



5

For first time users, follow the steps to complete your Wellbeats profile.



**Note:**

Next time you use Wellbeats, please follow steps 2 and 4.

At this time, access is not available directly through the app.